

Be the Change

'Be the change you wish to see in the world'



Northside Primary School



EY Sun Safety Policy 2018/2019

Approved by Board of Trustees:

Date: 8/10/2018

Review Date: 8/10/2019

¹This document requires approval from either the Governing Body or Proprietor

²This document must be reviewed annually

Rationale

We all welcome the nice weather however we must ensure we keep all the children safe from the dangerous effects it may have. We all need enough Sun to make Vitamin D. Enjoying the Sun safely without risk of burning should enable people to get a good balance without the risk of skin cancer. Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. The good news is that the majority of these cases could be prevented.

Most skin cancers are caused by ultraviolet (UV) radiation from the sun. If we protect ourselves from the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged. There are simple steps that can be taken to enjoy the sun safely.

What Northside Primary School does to keep your children safe in the sun:

- We ensure we provide fresh water for all the children throughout the day and encourage the children to keep hydrated.
- We provide them with sun hats to cover their heads when playing in the outside area.
- We provide as many activities as possible in the shaded parts of the school, creating additional shade where possible.
- We ensure all children take rests from the sun throughout the day ensuring they also spend time indoors.
- We encourage parents and children to follow our sun safety guidance, checking where possible if children are protected. We ensure that those children that are not protected have limited if any time outside.
- We provide the children with as much fresh air as possible by opening windows and door, providing it's safe to do so.

We ask parents to:

- Provide a cold drink in the children's packed lunches (If lunch is required).
- To apply sun cream to the children before attending the session. Please cover all the areas of their body that will be revealed to the sun.
- To wear appropriate clothing for example covering the child's shoulders as well as wearing shoes the children can run and climb in.